



EXPRESSION SERIES (2021-22)

To celebrate the 75th year of India's independence, the CBSE Expression Series for the session 2021-22 was based on the theme India@75. The first Expression Series for the session was based on the sub-theme 'Charting India's Progress@75'.

Springdays CBSE School conducted the CBSE Expression Series from 30th June to 20th July. As a pioneer, a brainstorming session by the class teachers invoked the students to ponder on the topic and the virtual platform (MS Teams) helped the students to unfurl their talent in the form of an essay, poetry or painting. Enthusiastic student participation was witnessed across grades 3 to 12. The shining stars of Springdays CBSE School uploaded their ingenious work and the best from each category was selected across the level.

The theme and topic was so captivating that it not only motivated the participants to grab the opportunity but also gave them complete liberty to use their creativity.

In a nut shell, the students carved their interest and depicted their views in the form of penning poems, essays and splashing colours along the theme India @75 on the following topics:

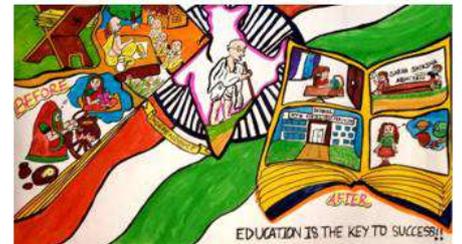
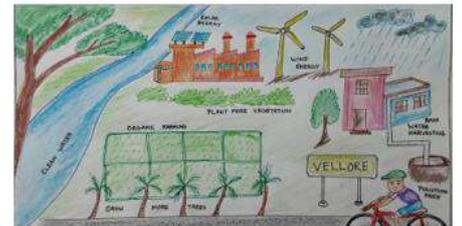
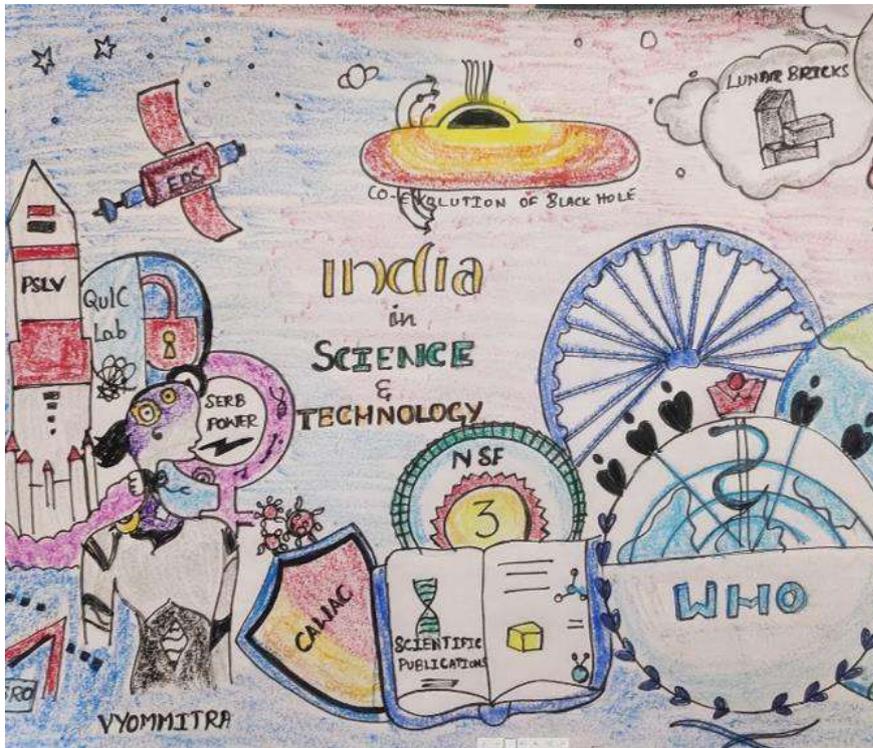
<u>Grades 3 to 5:</u>	<p>What do I want to do for my Locality or the Place where I live (Or) The Things I Love about my Country</p>
<u>Grades 6 to 8:</u>	<p>The achievements of India in the field of science and technology (Or) How would I contribute to the development of my country.</p>
<u>Grades 9 & 10:</u>	<p>Progress of Indian Education Sector after independence (Or) Importance of Green Revolution in India's Economic Development</p>
<u>Grades 11 & 12:</u>	<p>India: Challenges Ahead in Becoming Super Power (Or) Indian Democracy: A Role Model of 'Unity in Diversity' for the World</p>

The activity was well conceived, conceptualised and completed within the time allotted strictly adhering to the given instructions. The students actively participated in the competition with zeal, patriotism and wholehearted involvement. Students remembered our Scientists, Army personnel, doctors etc. who have contributed their selfless and commendable work in their respective fields. Their work highlighted their pride and patriotism. Overall, the CBSE Expression Series elicited the responsibilities and involvement of the students in building a stronger nation.

The participants were happy to note the chosen best entries – level wise and category wise:

GRADES	ESSAY	POETRY	PAINTING
3 TO 5	Kavya Kapoor	Huda Tasneem Irshad	Orvin Regan
6 TO 8	Tanvi Rebecca Daniel	Esther Susan George	S. Niharika
9 & 10	Nabeeha Tasneem Irshad	Kanmani	Diya Selvakumar
11 & 12	Chandrabindu	Naveen Prasad	S. Kavya Varshini

The Artistic Work of our Students:



The Ingenious work of the blooming writers:

Name of the School with complete address:
 Name of City/Village: Vellore State: Tamil Nadu
 Contact Number of participant/parent (whichever is applicable): 9952134468 Contact No. of School: 9952134468 Email address of participant/parent (whichever is applicable): naibeeairhas2007@gmail.com

Write Here:
 Topic: Challenges faced in becoming a free country
 The flag is the symbol of the mind. Leaders, people are the mind of a country. Now the people are, stop to much about the will being and prosperity of a nation. Over the years, we have achieved a lot. We are in the modern system, transport and communication, availability of food products in our the country, sport, strength and health-we want. It and we would have already stopped but who that had have freedom for us on the path to continue.
 We are doing our best to bring what we did need to support in. Some things were made obsolete, but when when they made it and we are surrounded by all things to make things for the things.

VELLORE - 632104
 Name of City/Village: Vellore State: Tamil Nadu
 Contact Number of participant/parent (whichever is applicable): +91-9952134468
 Contact No. of School: +91-9952134468, +91-9943048784
 Email address of the participant (whichever is applicable): naibeeairhas2007@gmail.com

PROGRESS OF INDIAN EDUCATION SECTOR AFTER INDEPENDENCE

"Education is the most powerful weapon that you can use to change the world."
 Education provides you the tools to improve the quality of life in modern society economically and sociologically. So, lets dive into how this pivotal aspect developed in post-independence India.

Name of the Participant: KAVYA KAPOOR class: IV-B
 Gender: Female Differently Abled: No
 Name of the School: SPRINGDAYS SCHOOL, Eranankadu, Vellore-632104
 Name of the city: Vellore
 Contact No. of parent: 9900249665 / 9789719569
 Email Address: mita-cmvellore@gmail.com / mita.endurine@gmail.com

The things I love about my country - A poem
 I love my country. I love everything about you
 A land where we worship the gifts of nature
 The trees, mountains, oceans and weather
 The festivals and celebrations through the year
 Making friends and family to cheer
 I love the simplicity of a peaceful world
 "Living pesticide free" and "choos"
 I love the variety India carries in language, folklore and culture
 I love India for inventing number zero
 which when placed after a digit becomes a "hero"
 how to our freedom fighters India Atropilasy and air force
 I love the freedom I enjoy
 not going bumps when I solve my central dog with joy
 I love to see my India going high up
 Children's Day, a festival for all the children in India
 When players like Saini Nehru built up
 I love to read about India's space mission
 with "Mangalyaan" reaching its destination
 How can I forget to mention
 Children's Day, a festival for all the children in India
 with its amazing reputation
 In the true spirit of being an Indian
 I salute my mother land INDIA - JAI HIND

Essay By - Tansi Daniel
 How can I contribute to the development of my country?
 This was the question posed by CBSE for the Expression series 2020. In a country with the world's 2nd largest population of over 1.3 Billion, the contributions of an 5th grade student worth "increase India" GDP or lower India" ranking on the global hunger Index but as Vincent Van Gogh once said, "Great things are done by a series of small things brought together"
 In 2019, WHO ranked India as the 5th most polluted country. The World Air Quality Report also mentions that 22 of the top 30 most polluted cities globally are in India. Simple actions like throwing garbage in the bin and reducing the use of plastic can make a huge difference. Planting trees, use eco-friendly materials, use public transport. There is so much that can be done for this cause.
 Another way to contribute is to be better neighbours. This may seem pointless but being good neighbours gives us a sense of community. Small gestures like grocery shopping for elderly neighbours makes your surroundings a better place to live in.
 One more way to contribute to the development of India is to raise money for charity. India is a developing country and although the economy is growing, the poverty rate makes this present. Around 84 million Indians live in extreme poverty. India ranks 94th among 107 countries

The gratifying work of the budding poets:

NAME OF THE PARTICIPANT: BARBARI S E CLASS: 8
 GENDER: FEMALE Differently Abled: No
 NAME OF THE SCHOOL: SPRINGDAYS SCHOOL (CBSE)
 NAME OF THE CITY-VELLORE STATE: TAMIL NADU
 CONTACT NUMBER OF THE PARENT: 9952134468 CONTACT NUMBER OF SCHOOL:
 EMAIL ADDRESS OF THE PARENT: barbaris@rediffmail.com

POST-1947, EDUCATION FOR WOMEN
 Seeking a ray of light through darkness,
 When the entire nation was in madness, For freedom
 Women were prisoned in the four walls that yet still called Home
 Waiting for someone with a delighted message to come.
 From the special year of 1947 to the year 2047,
 Women are showing progress
 Day by day, Family by Family something's change to the vicinity
 After a long walk of freedom, Women who were
 scared, feared and even wished for this Golden stone called
 Education
 Now enjoy, utilize and succeed with it.
 A new Government, with entirely different laws,
 was that ray of hope
 that helped them to propel with cope
 Evil came across their ways
 But Fairy cleaned them away
 It is a torch that has no end
 Brightening all through the trend.

Name of Participant: HUDA TASNEEM IRSHAD
 Class: 5 Gender: F Differently Abled: No
 Name of the School with complete address:
SPRINGDAYS CBSE SCHOOL
ERAIYANKADU, CHENNAI-BENGALURU HIGHWAY
VELLORE - 632104
 Name of City/Village: Vellore State: Tamil Nadu
 Contact Number of participant/parent (whichever is applicable):
+91-990082669
 Contact No. of School: +91-9952134468, +91-9943048784
 Email address of the participant (whichever is applicable):
tasneemlr@gmail.com

THE THINGS I LOVE ABOUT MY COUNTRY
 A treasury of culture and tradition,
 India, with top recognition.
 Every bead is bound in a string,
 Hindustan is the cultivation king
 She is teaching art and dance,
 The government programmes are advanced.
 Ek Kadam Swachhata Ki Aur,
 Is truly an advancement door.
 "Atithi Devo Bhava" means guest is God,
 Can't be found in China and Bangkok.

Development of my country
 Amateur as I am
 But with a zeal to see my country develop
 To initiate in a small way to end littering.
 To safeguard our nature.
 In every street and town
 Empty bottles and wrappers are found
 Every now and then people pass by
 And not a single soul helped, but why
 People being lazy and careless
 Not knowing the consequence
 Throws bags and plastic tins
 Onto the ground and not into the bins